

Unit: Siyam	Year group: Year 5 (9-10years)	Lesson: Fasting benefits (2)
Objectives	<ul style="list-style-type: none"> <li>Learn and understand about the benefits of fasting.</li> </ul>	
Resources	<ul style="list-style-type: none"> <li>Copies of the verse from Surah Baqarah:(183).</li> <li>Posters of various ahadith about the benefits of Ramadhan.</li> <li>Paper for posters.</li> <li>Paints/colours for children to colour in their posters.</li> </ul>	
Intro. Activity	<p>Ask the children to mention what we have studied about Fasting in Ramadhan so far. Explain to them we are going to study the benefits of fasting in today's lesson. <b>(10 mins)</b></p>	
Main Activity(ies)	<p>Ask the children if any of them can recite the verse obligating fasting upon the Muslims. What does it mean? Write the following benefits on the board (or have posters made). Narrate the hadith 'As-siyaamu juntun' - saum (fasting) is a shield (from Hell-fire). [Agreed upon], this is one benefit of fasting, it protects/shields us from Hell. Another benefit is mentioned in the hadith, whoever observed fasting in Ramadhan with perfect faith and seeking reward, he will have his pervious sins forgiven.' And in another hadith 'Whoever stood to pray (taraweeh) in Ramadhan with perfect faith and seeking reward, he will have his previous sins forgiven.' These are the benefits that the Prophet, peace be upon him has told us about. Other benefits that we know are: fasting gives the digestive organs a rest and causes the body to get rid of wastes, which aren't good for us. Fasting trains the self, getting used to doing good deeds. The fasting person feels equal with all his fasting Muslim brothers and sisters. This helps in unity. Fasting also helps us understand how the poor and needy feel. <b>(15mins)</b></p> <p>Children to select a particular benefit and use it to make a poster encouraging people to fast. <b>(20mins)</b></p>	
Plenary	<p>Have a look at some of the children's posters, why did they select that benefit? <b>(10mins)</b></p>	
Differentiation	<p>Mixed ability work.</p>	
Assessment	<p>Assess children's understanding through marking their work and during the plenary.</p>	