

Name: _____ Date: _____

Sabr - Patience [ANSWERS]

Patience

﴿"So be patient (O Muhammad, peace be upon him), with a good patience."﴾

Surah Al-Ma-aarij (70:5)



1.) In your own words, write what you think patience is:

Patience means to stop ourselves from despairing & panicking, to stop our tongues from complaining & to stop our hands from striking our faces & tearing our clothes at times of distress.

2.) In your own words, write what you think 'good' patience is:

good

Good patience is doing those things that are pleasing to Allah and for Allah's sake alone, and having patience by the help of Allah, i.e. asking Him to give us patience.

3.) What are examples of good patience: Tick the correct box(es) .

Complaining only to Allah

Complaining to everyone

Tearing your hair and screaming when afflicted by a tragedy

Praying five times a day

Saying "uff" to our parents

4.) In your own words, write what you think 'bad' patience is:

Bad patience means having patience in keeping away from Allah and His love and His will because this stops a person from doing the things he was created for.

5.) What are examples of bad patience: Tick the correct box(es) .

Bad

Complaining only to Allah

Complaining to everyone

Pretending to be sick when learning Qur'an

Making excuses to avoid praying

Saying "uff" to our parents

6.) Which type of patience is harder to do: Tick the correct box .

Good patience

Bad patience

7.) Explain your answer to question 6 (Write down why it is more difficult):

A person who purposefully keeps away from his Lord and Creator has chosen to have no ease in the Hereafter, so imagine you are presented with the best thing and told to take it, but you force yourself not to, similarly you are being given Jannah but the one heedless of Allah chooses not to take it (i.e. Jannah).

8.) When is it more difficult to have good patience? During times of difficulty and trial or during times of ease and comfort:

During difficulty we are immediately reminded about Allah and we turn back to Him, but during times of ease we have many distractions and tend to lose patience in doing those actions pleasing to Him.